



NORTH HAMPSHIRE  
ACADEMY OF DANCE

# Risk Assessment 2020-21



Last updated: 20 July 2020  
Review date: July 2021

## General Risk Assessment

Hazard Description	Consequences	Who is at risk	Controls	Action Level
Slippery floor surface	Slips, trips, falls, broken bones, head injuries, sprained ankles	Teachers, students, visitors, siblings	Dancers wear appropriate footwear. Specialist flooring	Low
Electrical hazards with portable/ static appliances and water	Injury, death	Teachers, students	Teachers monitors that water and drinks are not stored on or near to electrical equipment	Medium
Exhaustion	Fainting, slips, trips, falls	Teachers, students	Teachers and students to have appropriate rest breaks	Medium
Dehydration	Fainting, headaches	Teachers, students	Teachers and students to have adequate opportunities to drink water and access to water fountain to refill bottles	Low
Lack of dance training/ instruction	People dancing in to one another, falls, sprained ankles	Teachers, students	Teachers to assess level of dance training and space students accordingly	Low

Hazard Description	Consequences	Who is at risk	Controls	Action Level
Common dance related injuries such as strains, overuse of and pulled muscles	Injury	Teachers, students	Teachers ensure students are warmed up and there is cool down time. Ice packs available and parent/guardian informed if used	Medium
Moving ballet barres	Injury	Teachers, students	Teachers ensure the barres are carried by the base and not the top and lifted by bending the knees	Medium
Tripping over belongings	Slips, trips, falls, broken bones, head injuries, sprained ankles	Teachers, students	Belongings to be stored as far away from dance space as possible	

## Covid-19 Specific Risk Assessment

Hazard Description	Consequences	Who is at risk	Controls	Action Level
Individuals who are unwell with coronavirus (COVID-19) symptoms, or who have someone in their household who does	Spread of virus	Teachers, students, their families	Advise those with coronavirus (COVID-19) symptoms, or who have someone in their household who does to not come to classes for 14 days	Medium
Personal hygiene	Spread of virus	Teachers, students, their families	Ensure teachers and students are cleaning hands more often than usual - wash hands thoroughly for 20 seconds with running water and soap and dry them thoroughly or use alcohol hand rub or sanitiser ensuring that all parts of the hands are covered between each class	Medium

Hazard Description	Consequences	Who is at risk	Controls	Action Level
Respiratory hygiene	Spread of virus	Teachers, students, their families	Ensure good respiratory hygiene by promoting the 'catch it, bin it, kill it' approach	Medium
Frequently touched surfaces	Spread of virus	Teachers, students, their families	Cleaning frequently touched surfaces between classes using standard products, such as detergents and bleach. Doors to be left open where possible	Medium
Contact and mixing between teachers and students	Spread of virus	Teachers, students, their families	Minimising contact and mixing by altering, as much as possible, the environment (such as studio layout) and timetables (such as staggered break times)	Medium

Hazard Description	Consequences	Who is at risk	Controls	Action Level
<p>A student becomes unwell with symptoms of coronavirus (COVID-19) while in class and needs direct personal care until they can return home.</p>	<p>Spread of virus</p>	<p>Teachers, students, their families</p>	<p>A fluid-resistant surgical face mask should be worn by the supervising adult if a distance of 2 metres cannot be maintained. If contact with the student is necessary, then disposable gloves, a disposable apron and a fluid-resistant surgical face mask should be worn by the supervising adult. If a risk assessment determines that there is a risk of splashing to the eyes, for example from coughing, spitting, or vomiting, then eye protection should also be worn</p>	<p>Medium</p>

Hazard Description	Consequences	Who is at risk	Controls	Action Level
A student/teacher becomes unwell with symptoms of coronavirus (COVID-19)	Spread of virus	Teachers, students, their families	Teachers to keep accurate records of attendance to help NHS Test and Trace identify people who may have been in contact with your child should they test positive for coronavirus (COVID-19).	Medium
Large class sizes	Spread of virus	Teachers, students, their families	Classes should have a maximum of 15 students (including class assistants) and 1 teacher	Low

Hazard Description	Consequences	Who is at risk	Controls	Action Level
Teachers mixing with inconsistent groups of students	Spread of virus	Teachers, students, their families	Teachers to wash hands thoroughly for 20 seconds with running water and soap and dry them thoroughly or use alcohol hand rub or sanitiser ensuring that all parts of the hands are covered between each class. They can choose to wear protective face shields.	Medium
Parents/guardians mixing on drop off/pick up	Spread of virus	Teachers, students, their families	Parents/guardians advised to remain in car park when dropping/picking up where possible. Where age of student requires them to drop/pick up from front door this will be limited to 1 adult and they should remain on one of the markers placed 2 metres apart	Medium



Hazard Description	Consequences	Who is at risk	Controls	Action Level
Students mixing with other classes when moving between classes	Spread of virus	Teachers, students, their families	One way system throughout the building and outside spaces	Medium
Teachers and students using toilet facilities	Spread of virus	Teachers, students, their families	1 individual to enter each bathroom at a time. Queue system with markers placed 2 metres apart. Frequent cleansing of these facilities.	Medium

Hazard Description	Consequences	Who is at risk	Controls	Action Level
Injury requiring first aid	Spread of virus	Teachers, students, their families	<p>Appointed first aider to attend. A fluid-resistant surgical face mask should be worn by the supervising adult if a distance of 2 metres cannot be maintained. If contact with the student is necessary, then disposable gloves, a disposable apron and a fluid-resistant surgical face mask should be worn by the supervising adult. If a risk assessment determines that there is a risk of splashing to the eyes, for example from coughing, spitting, or vomiting, then eye protection should also be worn</p>	Medium

Hazard Description	Consequences	Who is at risk	Controls	Action Level
Students changing into uniform	Spread of virus	Teachers, students, their families	Students should change into their uniform before arriving at the studio. It may be necessary to come with uniform under a tracksuit for example. Toilets, studios etc are not to be used for changing	Medium
Raising voices	Spread of virus	Teachers, students, their families	Teachers to play music at a lower volume to decrease risk of spread of virus from aerosol and droplet transmission	Medium
Shared equipment	Spread of virus	Teachers, students, their families	Where use of shared equipment is required such as ballet barres or acro mats, these will be thoroughly cleaned between each class using standard products, such as detergents and bleach	Medium

Hazard Description	Consequences	Who is at risk	Controls	Action Level
Ventilation	Spread of virus	Teachers, students, their families	Windows and doors to left open where possible. In colder weather this may mean that students keep their warm-up clothing on	Medium
Storing personal belongings	Spread of virus	Teachers, students, their families	Teachers and students should only bring belongings that are essential to class. Have set places to store their belongings which are kept 2 metres apart from others	Medium
Spacing during class	Spread of virus	Teachers, students, their families	Clearly marked spaces for individuals to dance in. Where across the floor work is necessary teachers to ensure students are maintaining a suitable distance	Medium

Hazard Description	Consequences	Who is at risk	Controls	Action Level
Shared use of water dispenser	Spread of virus	Teachers, students, their families	Teachers and students to bring their own personal bottles and only refill from water dispenser where necessary ensuring no contact between bottle and the water dispenser, sanding hands before use	Medium
Singing	Spread of virus	Teachers, students, their families	Singing will not take place until government guidelines change. Classes such as Musical Theatre will cover other aspects instead such as dance and drama	Low