



NORTH HAMPSHIRE
ACADEMY OF DANCE

Covid-19 Policy

2020-21



Last updated: 17 August 2020
Review date: July 2021

What will we be doing?

- Placing markers 2 metres apart where queuing may be necessary, such as outside the building for drop off/pick up, outside toilets and next to the water dispenser.
- Placing floor markers spaced out around the outside of each dance studio for the students to place their belongings.
- Marking out dance spaces on the floor with tape.
- Break times will be staggered to reduce the number of students waiting for classes.
- Large classes will be split so a maximum of 15 students is maintained.
- Where possible doors and windows will be opened to increase ventilation.
- Teachers will be cleaning frequently touched surfaces such as door handles and shared equipment such as barres and acro mats between classes.
- Teachers will maintain social distancing, wash their hands thoroughly for 20 seconds with running water and soap and dry them thoroughly, or use alcohol hand rub or sanitiser ensuring that all parts of the hands are covered, between each class. Additional PPE such as face shields will be made available for them if they choose to wear them.
- Teachers will keep accurate records of attendance to help NHS Test and Trace identify people who may have been in contact with a student/teacher should they test positive for coronavirus (COVID-19).
- Teachers will be encouraging good hygiene of the students by reminding them to wash/sanitise their hands and to catch coughs and sneezes in a tissue, dispose of the tissue and clean their hands as soon as possible.
- Teachers will lower the volume of the music played in class to reduce the need for them and students to raise their voices, therefore decreasing the risk of spread of the virus from aerosol and droplet transmission.
- QMC staff will be cleaning toilets and communal areas more frequently.
- First aiders will have appropriate PPE such as gloves, masks and aprons in the event of an emergency.
- We will continue to follow government advice and will be updating this policy as their advice changes. Any changes will be sent out to all teachers, parents and guardians and will be available to read on our website.

What will be expected of students and parents/ guardians?

- Students with coronavirus (COVID-19) symptoms (a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste) or students that have someone in their household who does, are to not come to classes for 14 days
- If a student shows symptoms of coronavirus (COVID-19) or has someone in their household who does, please contact us so we can to help NHS Test and Trace identify people who may have been in contact with the student should they test positive for coronavirus (COVID-19)
- Students should arrive at the studio in their uniform. As the weather becomes cooler is may be necessary to have their uniform on under other clothes, a tracksuit for example. Toilets, studios etc are not to be used for changing
- Parents/guardians should remain in the car park when dropping/picking up where possible. Younger students can be dropped/picked up from the front door by a parent/guardian. This should be limited to 1 adult if at all possible. Siblings may accompany the parent/guardian if they are unable to remain in the car.
- Parents/guardians and students should wait at one of the markers at the front of the building until the teacher collects them.
- Parents/guardians should maintain social distancing while in the car park.
- Students should follow the one way system through the building on arrival, between classes and when leaving.
- Once in the studio, belongings should be placed next to one of the floor markers around the edge of the room. Students should remain at their marker until the teacher instructs them to move to their dance space.
- Students should bring their own filled water bottle to class. If this needs to be refilled, students should take their bottle to the water dispenser (queuing on the markers if necessary) ensuring their bottle does not come into contact with the dispenser. Sanitiser should be applied before using this.
- Students should try to ensure they have been to the toilet before arriving at the studio, however if they need to use the toilet once there, students should only enter the toilets one at a time (queuing on the markers if necessary).

- Students should wash their hands thoroughly for 20 seconds with running water and soap and dry them thoroughly, or use alcohol hand rub or sanitiser ensuring that all parts of the hands are covered, between each class.
- Students should try to catch coughs and sneezes in a tissue, dispose of the tissue and clean their hands as soon as possible. If a student is unable to manage this themselves we ask that they do not come to classes until they are feeling better.
- Where students have a break between classes they are to maintain social distancing and remain where their teacher has asked them to be for the duration of their break.
- Students in year 7 and above and all adults, unless exempt, should wear a face covering while in the building.